

Rebecca Anne Vernon

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Education **University of Colorado and Health Sciences Center, Denver, CO**
Doctor of Physical Therapy 2008

University of North Carolina at Chapel Hill
Bachelor of Arts in English, minor in biology 2002

Organizations

ABPTS Certified Neurologic Clinical Specialist 2015
American Physical Therapy Association – member 2005 – present

Teaching Experience

Temple University, Philadelphia, PA 2015 – present
Assistant Professor of Instruction
Co-director of Clinical Education

- Communicate with clinical partners and collaborate with students to identify optimal clinical learning opportunities for Doctor of Physical Therapy students
- Collaborate with faculty to develop optimal learning opportunities for clinical application of academic material
- Apply CAPTE objectives to meet the learning needs of students within an accredited Doctor of Physical Therapy program
- Provide didactic and experiential instruction throughout the curriculum (clinical examination and intervention, clinical management of neuromuscular conditions, integrated clinical education, management of medically complex patients)

Thomas Jefferson University, Philadelphia, PA 2013 – 2015
Clinical Faculty

- Collaborate with faculty to develop course curricula for physical therapy interventions for individuals with neurological impairments
- Apply CAPTE objectives to the development of course materials within the neurology course track of an accredited Doctor of Physical Therapy program
- Serve as primary instructor for a course addressing the rehabilitation continuum of care, utilizing the individual with spinal cord injury as a model
- Guest lecture and assist with labs for various courses (motor development, clinical skills, neurologic interventions, cardiopulmonary care) with an emphasis on current evidence-based clinical practice

Drexel University, Philadelphia, PA
Adjunct Lab Instructor

2010 – 2013

- Facilitate hands on lab experiences for doctor of physical therapy students, including assessment, problem-solving, and designing a plan of care for patients with various neurologic conditions
 - Mentor students in the acute hospital setting to facilitate the students' clinical decision-making, manual skills, and interventions for patients with high acuity neurologic conditions
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Clinical Practice

Thomas Jefferson University Hospital, Philadelphia, PA
Advanced Clinician I

2008 – present

- Assess and treat clients with variable and complex medical conditions in both the acute care and acute inpatient rehabilitation settings (patient populations include medical oncology, neurology, spinal cord injury, medical/surgical, orthopedics, and cardiology)
 - Coordinate with other health care providers in an inter-professional setting to meet clients' individual needs and facilitate transition to the next level of care
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Clinical Education/Student Mentoring

Temple University Hospital, Philadelphia, PA
Clinical Instructor: acute care hospital

2018

- Provide clinical mentoring for Doctor of Physical Therapy students in the acute care setting within part-time integrated clinical experiences
- Foster clinical decision making regarding treatment planning and discharge recommendations with the goal of increasing students' confidence and competence prior to their first full-time clinical affiliation

North Broad Physical Therapy Center, Philadelphia, PA
Clinical Mentor: pro bono outpatient clinic

2016 – present

- Mentor Doctor of Physical Therapy students on the delivery of pro bono services within the setting of an outpatient student-run clinic
- Foster clinical decision making skills regarding screening and development of treatment plans for clients in an outpatient setting

Thomas Jefferson University Hospital, Philadelphia, PA
Clinical Instructor: acute care & inpatient rehabilitation

2009-2015

- Mentor doctor of physical therapy students within the inpatient acute hospital and rehabilitation settings regarding appropriate clinical decision making, inter-professional communication, and discharge planning for patients with various complex medical conditions
 - Provide constructive feedback to assist students in accurate self-reflection and development of a strong base of clinical skills
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Professional Presentations

Pennsylvania Physical Therapy Association

June 2018

Southeast District Neurologic Special Interest Group Meeting

Case Study: Communication and Addressing Client Needs Across the Continuum

Objectives:

- Identify key medical and personal factors that contribute to a client's presentation and prognosis
- Discuss coordination of care across the rehabilitation continuum to optimize client outcome
- Highlight the inter-professional team interactions to enable successful outcomes

Philadelphia Area Clinical Education Consortium

April 2018

2-Day Continuing Education Course

Lecture/Lab: Mindfully Informed Patient Care and Student Teaching

Objectives:

- Discuss stress physiology and its impact on health
- Discuss the role of kindness and positive emotional states in client and student interactions
- Review the evidence on the role of mindful awareness training in the treatment of common medical conditions

Philadelphia Area Clinical Education Consortium

April 2016

Lecture/discussion: Ethical Issues in Clinical Education

Objectives:

- Effectively utilize the *APTA Code of Ethics* in supporting decisions related to ethical challenges in clinical education
- Consider barriers and limitations in clinical education and academia
- Consider opportunities for teaching, research, and personal growth within individual and holistic leadership roles as clinical educators

Temple University, Philadelphia, PA

September 2015

Department of Physical Therapy, Clinical Education Appreciation Day

Lecture: *Early Rehab for Stroke: It's More than Transfers and Gait*

Objectives:

- Identify impairments and medical conditions commonly associated with CVA/stroke
- Identify the impact of impairments and medical conditions on stroke recovery
- Review the literature regarding treatment strategies for stroke
- Utilize case examples to discuss comprehensive treatment approaches to address medical co-morbidities in conjunction with functional interventions

Pennsylvania Physical Therapy Association, Chester, PA

February 2014

Inaugural Young Professionals Seminar

Case Study: *Following an individual with acute neurological event throughout the continuum of care*

Objectives:

- Identify critical clinical decision making within the physical therapy scope of practice for an acutely injured individual
- Delineate the importance of the inter-professional healthcare team in initiating early rehabilitation interventions
- Collaborate with physical therapy colleagues practicing throughout the continuum of care to provide a comprehensive view of neuro-recovery

Thomas Jefferson University Hospital, Philadelphia, PA

April 2013

Lecture: *An Interdisciplinary Approach to Patient Seating and Positioning for Pressure Ulcer Prevention*

Objectives:

- Delineate common sources of pressure ulcer development within the acute hospital setting
- Facilitate inter-professional problem-solving via didactic lecture and hands-on simulation to identify clinically applicable pressure ulcer prevention techniques

Pennsylvania Physical Therapy Association, Philadelphia, PA

March 2012

Lecture: *Diagnosis, Prevention, and Physical Therapy Interventions for Pressure Ulcers*

Objectives:

- Delineate common medical and mechanical risk factors for the development of pressure ulcers
- Describe the purpose, rationale, and evidence for turning/weight shift schedules, seating systems, and support surfaces
- Describe the physical therapist's role in pressure ulcer prevention and treatment

Health Volunteers Overseas, Managua, Nicaragua

January 2008

Lecture and clinical practice: *Evaluation and Treatment of the Individual with Spinal Cord Injury*

Objectives:

- Develop educational materials for university physical therapy faculty and clinicians regarding the treatment of individuals with spinal cord injury
 - Respect cultural traditions and differences pertaining to healthcare implementation and perception of medical impairments
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Service

North Broad Physical Therapy Center 2016 – present
Temple University Department of Physical Therapy

- Participate in inter-professional collaboration within the College of Public Health to meet the healthcare needs of the North Philadelphia community via a student-run pro bono clinic
- Provide physical therapy services to members of an under-served community seeking care within the outpatient pro-bono clinic

Inter-Professional Education Committee 2015 – present
Temple University Health Sciences Campus

- Collaborate with educators from the various health professions (pharmacy, nursing, medicine, podiatry, dentistry, occupational therapy, physical therapy) to develop an inter-professional education curriculum for the health sciences students
- Implement inter-professional student learning activities to foster respect among the healthcare fields and facilitate comprehensive patient care

Hands of Hope 2014 – present
Jefferson School of Health Professions

- Mentor Doctor of Physical Therapy students in a pro bono health care clinic setting
- Assist DPT students with triaging clients and addressing clients' outpatient physical therapy needs with limited resources
- Cater physical therapy interventions and education to an underserved outpatient community

Global Health Committee 2014 – 2015
Jefferson School of Health Professions

- Collaborate with fellow physical therapy faculty to identify global health learning opportunities for current doctor of physical therapy students
- Work with an inter-professional team to coordinate global health learning experiences for students entering a doctoring health profession

Jefferson Center for Inter-professional Education 2014 – 2015
Thomas Jefferson University

- Mentor inter-professional student groups regarding respect, teamwork, and collaboration among various health disciplines
- Guide students to use inter-professional skills to address the needs of a health mentor volunteer living with illness or disability

Dermal Defense 2010 – 2015
Thomas Jefferson University Hospital

- Collaborate within an inter-professional team to identify possible causes for device-related and hospital acquired pressure ulcers
 - Problem-solve clinically applicable strategies for pressure ulcer prevention that can be implemented across health care disciplines
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